

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Menu subject to change</b> <b>A choice of low-fat milk &amp; juice served daily</b>					
				<i>1</i> <b>Cinnamon Toast crunch</b> Muffin Chicken quesadilla Tossed salad Grape tomatoes Diced pears Apples	5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meats or meat alternate
<i>4</i> Frosted flakes Muffin Diced pears Cheeseburger French fries Corn Tropical fruit Oranges	<i>5</i> pancakes on a stick Mixed fruit Chicken Tenders Mashed potatoes Green beans Diced pears Fresh apple	<i>6</i> Pop tarts Pineapple tidbits Pork chop sandwich Whole potatoes Black-eyed peas Pineapple tidbits Fresh pear	<i>7</i> Sausage Biscuit Diced peaches Hot Dog/w chili Baked beans carrots w/ dressing Diced peaches Grapes	<i>8</i> Cinnamon Toast Crunch Muffins Spaghetti w/sauce Beets Tossed salad/dressing Mixed fruit bananas	5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meat or meat alternate
<i>11</i> Breakfast pizza Tropical fruit Chick filet Baby lima beans Sliced carrots Tropical fruit raisins	<i>12</i> Mini pancakes Pineapple tidbits Tacos, Cheese, lettuce, salsa Corn Pineapple tidbits Fresh oranges	<i>13</i> Pop tarts Applesauce Corndog or pb&j Broccoli w/ cheese Yams Applesauce Apples	<i>14</i> Apple strudel Diced peaches Hamburger steak w/gravy WG rice Green peas Diced peaches Whole wheat roll grapes	<i>15</i> Cinnamon Toast crunch Muffin Chicken quesadilla Tossed salad Grape tomatoes Diced pears Apples	5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meat or meat alternate
<i>18</i> Frosted flakes Muffin Diced pears Cheeseburger French fries Corn Tropical fruit Oranges	<i>19</i> pancakes on a stick Mixed fruit Chicken Tenders Mashed potatoes Green beans Diced pears Fresh apple	<i>20</i> Sausage biscuit Diced peaches Ham/turkey sandwich Carrots/dressing Sliced apples  EARLY OUT	<i>21</i>   <b>HOLIDAY</b>	<i>22</i>   <b>HOLIDAY</b>	5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meat or meat alternate
<i>25</i>   <b>HOLIDAY</b>	<i>26</i>   <b>HOLIDAY</b>	<i>27</i>   <b>HOLIDAY</b>	<i>28</i>   <b>HOLIDAY</b>	<i>29</i>   <b>HOLIDAY</b>	