

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Menu subject to change A choice of low-fat milk & juice served daily</p>			middleschool		
<p>3 HOLIDAY</p>	<p>4 Chicken biscuit Applesauce Orange-pineapple juice Spaghetti Tossed salad w/ dressing Black eyed peas applesauce Fresh oranges</p>	<p>5 Pop tarts Mandarin oranges applejuice Chick filet beets Whole potatoes Mandarin oranges grapes</p>	<p>6 waffles Diced pears Orange juice Corn dog or Pb&j Chef salad or turkey hoagie Broccoli & cheese Carrots sticks Glazed carrots Fresh pears</p>	<p>7 Honey nut cheerios muffins Diced peaches Asst. fruit juices Fish sandwich/ cheese Coleslaw String beans Diced peaches bananas</p>	<p>5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meats or meat alternate</p>
<p>10 Frosted flakes Muffin Diced pears Fruit juice Chicken nuggets Mashed potatoes Green peas Diced pears Fresh oranges</p>	<p>11 Sausage biscuit Mixed fruit Orange pineapple juice Hot Dog/w chili Baked beans yams mixed fruit Grapes</p>	<p>12 Pop tarts Pineapple tidbits Apple juice Tacos, Cheese, lettuce, salsa Corn Pineapple tidbits Fresh pears</p>	<p>13 Pancakes on a stick Diced peaches Orange juice Hamburger steak w/gravy WG rice Lima beans Diced peaches Whole wheat roll apples</p>	<p>14 Froot loops Muffins Applesauce Asst.juices Pepperoni pizza Tossed salad Grape tomatoes w/ dressing applesauce bananas</p>	<p>5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meat or meat alternate</p>
<p>17 Cinnamon toast crunch Muffin Mixed fruit Fruit juice Cheeseburger Corn on the cob French fries Fresh apples</p>	<p>18 Chicken biscuit Applesauce Orange-pineapple juice Spaghetti Tossed salad w/ dressing Black eyed peas applesauce Fresh oranges</p>	<p>19 Pop tarts Mandarin oranges applejuice Chick filet beets Whole potatoes Mandarin oranges grapes</p>	<p>20 waffles Diced pears Orange juice Corn dog or Pb&j Chef salad or turkey hoagie Broccoli & cheese Carrots sticks Glazed carrots Fresh pears</p>	<p>21 Honey nut cheerios muffins Diced peaches Asst. fruit juices Fish sandwich/ cheese Coleslaw String beans Diced peaches bananas</p>	<p>5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meat or meat alternate</p>
<p>24 Frosted flakes, muffins Diced pears Fruit juice Chicken nuggets Mashed potatoes Green peas Diced pears Fresh oranges</p>	<p>25 Sausage biscuit Mixed fruit Orange pineapple juice Hot Dog/w chili Baked beans yams mixed fruit Grapes</p>	<p>26 Pop tarts Pineapple tidbits Apple juice Tacos, Cheese, lettuce, salsa Corn Pineapple tidbits Fresh pears</p>	<p>27 Pancakes on a stick Diced peaches Orange juice Hamburger steak w/gravy WG rice Lima beans Diced peaches Whole wheat roll apples</p>	<p>28 Froot loops Muffins Applesauce , asst.juice Pepperoni pizza Tossed salad Grape tomatoes w/ dressing applesauce bananas</p>	<p>5 fruits 5 milks 5 vegetables 10-12 grains 10-12 meat or meat alternate</p>
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SEPTEMBER 2018

THE CHILDREN'S VILLAGE