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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **Nutrition Totals** |
| **Menu subject to change**  **A choice of low-fat milk & juice served daily**    **ADULT LUNCHES ARE $4.00** | | |  |  |  |
|  | ***1***  muffins  Orange Juice & fruit  Milk  Beefaroni  Tossed salad  Mixed fruit  Garlic bread  milk | 2  Waffles  Grape Juice & fruit  Fruit  Milk  Hamburger Steak & rice  Gravy  Dinner roll  Lima beans  Diced peaches  milk | 3  Cinnamon Roll  Orange Pineapple Juice  Fruit  Milk  Hot Dog w/ Chili  Glazed carrots  Baked Beans  Apple Milk | 4  Pop Tart  Juice & fruit  Milk  WG Pizza  Toss Salad w/ Dressing  Corn  Orange  Milk |  |
| 7  Frosted flakes  Muffin  Juice or fruit  Milk  Sausage & Cabbage  Black eyed peas  Roll  Apple  Milk | *8*  Breakfast pizza  Juice or fruit  Milk  Beef Nachos and cheese  Tortilla chips  Green beans  Applesauce  Milk | 9  Yogurt and raisins  Juice or fruit  Milk  Chicken Fajita  Cheese & lettuce  Corn  Grapes  Milk | 10  French toast sticks  Juice or fruit  Milk  Sloppy joes  Potato wedges  Broccoli and cheese  Sliced apples  Dill pickles  Milk | 11  Pop Tart  Fruit or juice  Milk  barbecue chicken  yams  Collard greens  Roll  Mixed fruit |  |
| 14  Muffins  Juice & fruit  Milk  WG Chicken Tenders  Green Peas  Mashed Potatoes  Grapes  Whole Wheat Roll | 15  WG Donut  Juice & fruit  Milk  Tacos  Lettuce & cheese  Corn  oranges | 16  Cinnamon Toast Crunch  Muffin  Juice & fruit  Milk  Spaghetti w/ Cheese  Beets  Tossed salad  Garlic bread  Apples  milk | 17  Mini Pancakes  Juice & fruit  Milk  Hamburger sliders  Cheese stick  Carrots and dressing  Sliced apples  Dill pickles  Milk  Early Out | 18  Pop Tart  Juice & fruit  Milk    Teachers workday |  |
| **21**  Cinnamon Roll  Juice or fruit  Milk  Hot Dog w/ Chili  Glazed carrots  Baked Beans  Apple Milk | 22  Froot Loops& muffin  Fruit or juice  Milk  Cheeseburger  French fries  Green Beans  Mandarin Oranges  Milk | 23  Pancake on a stick  Muffin  Juice or fruit  Beefaroni  beets  Mixed fruit  Garlic bread  milk | 24  Muffins  Juice or fruit  Milk  Meat ball / cheese  Garlic bread  Lima beans  bananas  Milk | 25  Pop Tart  Juice or fruit  Milk  WG Pizza  Toss Salad w/ Dressing  Corn  Orange  Milk |  |
| **28**  Frosted flakes  Muffin  Juice & fruit  milk  Sausage & Cabbage  Beets  Roll  Apple  Milk | 29  Breakfast pizza  Juice or fruit  Milk  Beef Nachos and cheese  Tortilla chips  Green beans  Applesauce  Milk | 30  Yogurt and raisins  Juice or fruit  Milk  Chicken Fajita  Cheese & lettuce  Corn  Grapes  Milk | **31**  French toast sticks  Juice or fruit  Milk  Hamburger Steak & rice  Gravy  Dinner roll  Lima beans  Bananas  milk |  |  |

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